



Long Branch High School
September 2025
 Together We Can, Juntos Nós Podemos, Juntos Podemos



	<i>HOME OF THE GREEN WAVE</i>
Monday 9/8, 9/15, 9/22, 9/29	Fruit & Granola Parfait Bagel & Yogurt Bag Chef Salad w/ Dinner Roll Crispy Chicken Wrap Fiesta Bento Box Triple Decker Peanut & Jelly
Tuesday 9/9, 9/16, 9/23, 9/30	Fruit & Granola Parfait Bagel & Yogurt Bag Hearty Garden Salad w/Dinner Roll Chicken Caesar Wrap Triple Decker Peanut Butter & Jelly
Wednesday 9/10, 9/17, 9/24	Fruit & Granola Parfait Bagel & Yogurt Bag Crispy Chicken Salad w/Dinner Roll Buffalo Chicken Wrap Triple Decker Peanut Butter & Jelly
Thursday 9/4, 9/11. 9/18. 9/25	Fruit & Granola Parfait Bagel & Yogurt Bag Chicken Caesar Salad w/ Dinner Roll Protein Power Up Crispy Chicken Wrap Triple Decker Peanut & Jelly
Friday 9/5, 9/12, 9/19, 9/26	Fruit & Granola Parfait Bagel & Yogurt Bag Garden Fiesta Salad w/ Dinner Roll Deli Stackable Bento Box Chicken Caesar Wrap Triple Decker Peanut & Jelly

For Nutrition
 information
<https://longbranch.nutrislice.com/menu>

Sides Offered Daily with Lunch Choices

Fresh Vegetables, Specialty Made Salads,
 Assorted Fresh Fruits or Canned Fruits
 Assorted 100% Juices
 Assorted Low Fat and Skim Milks
 & Lactaid Milk